

Our Practice

Do you or does someone you know have a problem that could benefit from professional help? If the problem is depression, marital or family strife, substance abuse or any other problem that interferes with daily living, Weston Psychological Associates, may be of help.

Our staff offers personal, confidential treatment for children, adolescents, adults and families. We offer a caring place for you to turn for stress management, school and learning problems, eating disorders or any problem that is keeping you from enjoying your life. Our professionals recognize that it takes courage to ask for help, and we want to make the process easy for you. Through personalized care, we provide specialized services and modern therapies to meet your specific needs.

We know that most problems can be solved with proper help and encourage you not to delay in seeking that help as early treatment can keep small problems from becoming large ones that then seem unsolvable.[Click Here...](#) What is a psychologist?[Click Here...](#) How Does Therapy Work?